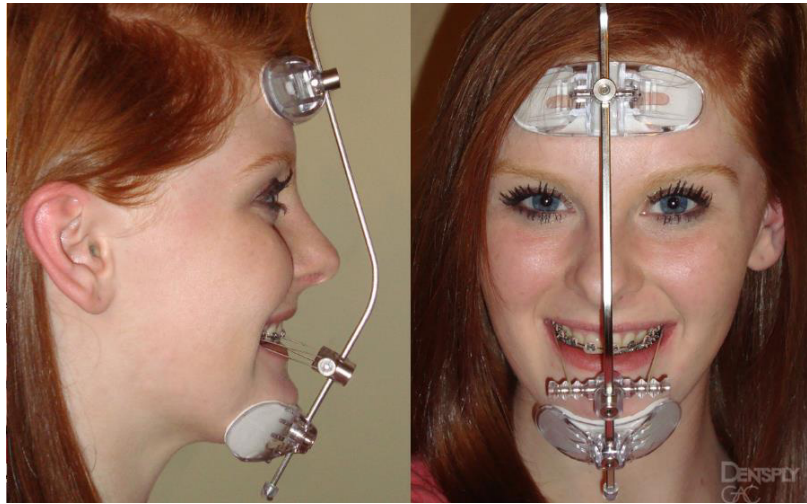


Understanding Your Facemask

Your facemask works in conjunction with your braces and is designed to correct a Class III malocclusion, otherwise called an under-bite. Most under-bites occur during growth and are the result of the upper and lower jaws growing at different rates. It is important to correct an under-bite for many reasons, some of which include: difficulty eating and/or breathing, teeth becoming worn or broken due to the misalignment of the jaw, jaw discomfort or TM D and even improving self esteem. When worn correctly it can eliminate the need for possible future extractions or jaw surgery which can be costly.



Facemask Care and Instructions

Follow these tips to help ensure that your experience with your facemask is as efficient & trouble-free as possible.

- ✓ Using the elastics we have provided, place one elastic on the hook of your top molar bands on each side.
- ✓ Place the facemask using the chin and forehead pads as shown in the picture.
- ✓ Start with one elastic, pull that elastic forward and hook to the inner portion of the bar on the same side. While holding on to the facemask, hook the second elastic on the inner portion of the bar on the same side.
- ✓ Wear a minimum of twelve hours per day, seven days a week unless otherwise instructed. Start off slowly and increase the hours until you can do a full twelve hours.
- ✓ Call if you have any problems with your facemask.

Sometimes the elastics can cause sores to develop at the corners of the mouth. If this happens, take the elastic from the band on the left side and place it on the right side of the facemask and the right elastic to the left side of the facemask so they criss-cross.

If a rash occurs on the chin, place a baby washcloth, a piece of soft t-shirt material or lambskin/moleskin in between the skin and the pad.

Change the pads if they become worn or dirty.

Bring your facemask to your appointments.



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